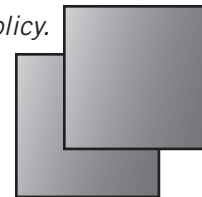


Note: This is a sample document. Consult with your church leadership before finalizing a formal policy.



GROUP GUIDELINES AGREEMENT

SHARE:

There is no requirement to talk or share in the group, but you're encouraged to do so!

LISTEN:

Be willing to listen. When someone else is speaking, focus on what that person is saying in order to learn, comfort and help. Good listening builds relationships.

COMPLETE THE HOPEWORK:

Doing the Hopework exercises in your Single & Parenting workbook benefits both you and the group. By completing your Hopework, as well as attending the meetings, you will receive the maximum benefit from your participation in the Single & Parenting program. Completing the Hopework also prepares you for the group discussion time. Group discussions reach their full potential when everyone does their exercises.

BE SENSITIVE:

Some of you are naturally outgoing and comfortable sharing your feelings. Some of you are a bit shy. If you are outgoing, make sure you don't dominate the group. If you tend to be quiet or shy, make an effort to participate (you'll be glad you did).

NO DATING WITHIN THE GROUP:

This is a group designed to help you and the other group members find help, support, healing and growth. It is not an environment to encourage dating relationships among group members (for those who are divorced or widowed, dating too early can add to your hurt!).

BE WELL-MANNERED:

Take care to protect the integrity of the Single & Parenting program as well as each group member. Please make every effort to avoid speaking of others in disparaging terms.

MAINTAIN CONFIDENTIALITY:

Don't talk about things you hear in the group to people outside the group. This will help develop an atmosphere of trust. (Keep in mind, there is no way the group can guarantee confidentiality, so use discretion about what you share.)

BE ON TIME FOR THE MEETING:

Knowing that schedules, traffic and other issues can hinder your arrival, attempt to arrive ahead of the group start time in order to be organized and ready to begin on time.

I commit to adhering to these guidelines and will earnestly seek God's strength, leading and protection to guide me as a participant.

Name _____ Date _____